# Sessions & Activities





Forest Toddlers provides children with the opportunity to explore and learn in a natural and supportive environment that helps them prepare for nursery. Investigate wildlife, plants, and trees through fun and interactive activities, such as bug hunting, den building, Hapa zomeing and more.

**Childminder Drop-in Sessions** 

Run by Ofsted Registered Childminders for the children they care for to play in a stimulating, safe and fun environment. This group also provides the opportunity for networking between Childminders.

Family Hub Drop-in Sessions

Join us at your local community playgroup sessions, where a member of the Family Hub team will be on hand to offer advice and answer any questions or concerns you have.

LIGHT Peer Support Group

Light is a pre and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families. For more information please call 01144 388962.

🗱 Other Services and Support

You can also access information and support around **volunteering**, **counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more. For more information about each of these, visit **www.doncaster.gov.uk/familyhubs**.

Don't forget to follow us on Facebook for all the latest updates!

Just search for your local Family Hub!







Stainforth Family Hub

Junction Road, Stainforth, DN7 5DH 01302 734048

Armthorpe Family Hub

Mere Lane, Armthorpe, DN3 2DG 01302 736760

Moorends Family Hub

Marshland Road, Moorends, DN8 4SB 01302 737470

Become a member at your local Family Hub!

For more information, visit: www.yourlifedoncaster.co.uk/family-hubs







#### **East Family Hubs**

#### April - May Timetable 2025

Other community venues we deliver at:

Shaw Wood Academy Mere Lane, Armthorpe, DN3 2DG

St Nicholas Church Hall Stonegate, Thorne, DN8 5NP

Edenthorpe Community Centre

Cedric Road, DN3 2HZ

Thorne Library
Vermuyden Centre, Field Side

**DN8 4BO** 

**Hatfield Library**High Street, DN7 6RY

We can't wait to see you!





Stainforth Family Hub Moorends Family Hub Armthorpe Family Hub









Proudly supporting families in North Doncaster including:

Stainforth · Armthorpe · Thorne · Moorends · Hatfield · Hatfield Woodhouse Kirk Sandall · Edenthorpe · Dunsville · Dunscroft · Barnby Dun · Fishlake

www.yourlifedoncaster.co.uk/family-hubs



### April - May Timetable



HUBS	ITINETUDIE				
	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Stainforth	Forest Toddlers 1:30pm-2:30pm (*Starting 28th April*)	Sexual Health Clinic 9am-11:30am Select Tuesdays Call 01302 272165 to book an appointment. Tuneful Chatter 1:30pm-2:30pm		First Friends 9:30am-11am Busy Babies 10am-11am Infant Massage 1pm-2pm (Invite via Health Team)	
Armthorpe	First Friends 9:30am-11am Stay & Play 1pm-2:30pm	Forest School 9:15am-10:15am (Shaw Wood Academy)  Childminder Drop-in 9:30am-11am		Breast Start 1:30pm-3pm	Infant Massage Ipm-2pm (Invite via Health Team)
Moorends	Breast Start 1:30pm-3pm	Wriggle, Rhyme & Story Time 10am-11am Stay & Play 1pm-2:30pm	First Friends 9:30am-11am	Toddler Time 9:30am-11:00am LIGHT Peer Support 1pm-2pm	Infant Massage 1pm-2pm (Invite via Health Team)
Other venues	Wriggle, Rhyme & Story Time 10am-11am Hatfield Library	First Friends 9:30am-11am Edenthorpe Community Centre (Term-time only)	Wriggle, Rhyme & Story Time 10am-11am Thorne Library	First Friends 1pm-2:30pm St Nicholas Church Hall, Thorne	First Steps Toddler Group 9:30am-10:30am Shaw Wood Academy (Family Hub Drop in)
	ses <b>Dad/</b>	l of our sions are <b>male carer</b> iendly			Hatfield Woodhouse Playgroup 9:30am-11am Hatfield Woodhouse Village Hall (Family Hub Drop in)

## Sessions & Activities





A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breastfeed with support from peer supporters and a trained Health Promotion Practitioner. You can attend this group if you are currently pregnant.



A welcoming and supportive environment to help children prepare for nursery including a range of fun filled activities such as sensory play, outdoor play, messy play, music and instruments, books and stories. A healthy snack is provided for children to sit and enjoy together.



First Friends (Pre-Birth to Pre-Crawling) Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available. You can attend this group if you are currently pregnant.

**Stay & Play** (0-5)

Come along and join us for our Stay and Play session which offers a fun session for you and your child to play and learn new skills with a range of fun filled activities. It includes sensory play, outdoor play, messy play, music and instruments, physical toys and games, books and stories, singing and snack time.



Join us for our Busy Babies session, where you and your mobile baby can explore our environment. It includes sensory and messy play, music and instruments, physical toys and games, books, stories and singing and soft play. This is a good follow on session from First Friends.

Tuneful Chatter (All ages welcome)

Take part in playful arts activities with Tuneful Chatter! Here, your children will have fun with experienced artists, exploring music, dance, and drama activities. This activity is part of Tuneful Chatter, funded by Arts Council England, Place Partnerships and Doncaster Council, and led by Darts, Cast and City of Doncaster Council's Early Years Intervention and Prevention Service.



You will be invited to book onto these sessions by your Health Visitor - You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. Call the Health team for more information on 0300 021 8997.

Come along and enjoy our fun and interactive session where children can explore music and rhymes with their parent/carer using our props and sensory resources. Join in with a range of activities that can be easily completed in the family home and enjoy sharing story time led by our Early Years Development Workers.









Library near you!

